

# SUPPORT FOR PATIENTS WITH NEUROLOGICAL CONDITIONS

An exciting partnership project led by the Neuro Therapy Centre, with Greenbank Sports Academy, Brio Leisure and The Walton Centre, funded by the Community Fund.

Over 3 years, activities will be available throughout Cheshire and Merseyside to improve the health and wellbeing of people living with a neurological condition.

Activities will support fitness, strength/mobility, and wellbeing through tailored services covering exercise, physiotherapy and counselling support, all offered by experienced, trained professionals.

- **Demonstrate the important of exercise to manage conditions and support wellbeing.**
- **The project will feed into research to improve access and support.**
- **Face-to-face and online services available.**
- **Pilot of FES cycle for supporting people with neurological conditions with fatigue, movement and muscle tone.**



Charity sessions are offered free at delivery or with some subsidised prices, price of leisure service activities vary depending on chosen session.

Find out more about referring patients:

**Neuro Therapy Centre**



SCAN ME

Scan the QR code to visit our Access to Exercise and Wellbeing webpage or contact us via the details below.

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